

## CURRICULUM VITAE

NAME: Charles H. Rousell, M.D.

EDUCATION: A.B. cum laude in Social Relations, Harvard College,  
Cambridge, Massachusetts, 1968  
M.D., Columbia University College of Physicians and  
Surgeons, New York, New York, 1972

LICENSURE: California, 1977  
Connecticut, 1978  
New York, 1973

CERTIFICATION: American Board of Psychiatry and Neurology, 1977  
National Board of Certified Clinical Hypnosis, 1995  
American Society of Clinical Hypnosis, 1999  
Fellow, International Society for the Study of Trauma and  
Dissociation, 1977

### CAREER:

1972-1973: Intern, Department of Pediatrics, The Roosevelt Hospital, Columbia University  
College of Physicians and Surgeons, New York, N.Y.

1973-1976: Resident in Psychiatry, Albert Einstein College of Medicine, Bronx Municipal  
Hospital Center, Bronx, N.Y.

1974-1978: Forensic Psychiatrist for the Prison Health Services of the Health Services  
Administration of the City of New York

1975-1976: Chief Resident in Psychiatry, Albert Einstein College of Medicine, Bronx  
Municipal Hospital Center, Bronx, N.Y.

1976-1977: Fellowship in Liaison Psychiatry, Bronx Municipal Hospital Center, Bronx, N.Y.

1976-1977: Course Director, "Introduction to Psychopathology," Wurzweiler School of Social  
Work, Yeshiva University, New York, N.Y.

1976-1980: Private practice of psychiatry, 1143 Fifth Avenue, New York, N.Y.

1977-1980: Assistant Adjunct Psychiatrist, Lenox Hill Hospital, New York, N.Y.

1978-Present: Private Practice of Psychiatry, 38 Lake Ave., Greenwich, CT.

2002-Present: Private Practice of Psychiatry, 65 Pear Tree Point, Darien, CT.

1978-2000: Attending Psychiatrist, Greenwich Hospital, Greenwich, CT.

1978-1987: Clinical Instructor in Psychiatry, Yale University School of Medicine, New Haven, CT.

1990-1995: Assistant Director, Department of Psychiatry, Greenwich Hospital, Greenwich, CT.

1995-2000: Chairman, Department of Psychiatry, Greenwich Hospital, Greenwich, CT.

Oct. 1993 – Present: Founder and Director, Northeast Center for Trauma Recovery, PC, Greenwich, CT.

1994-Present: Lecturer in Psychiatry, Yale University School of Medicine., New Haven, CT.

1995-2011: Assistant Professor of Psychiatry, Albert Einstein College of Medicine, Bronx, N.Y.

OTHER PROFESSIONAL ACTIVITIES:

International Society for the Study of Traumatic Stress  
American Psychiatric Association  
American Psychosomatic Society  
American Society of Clinical Hypnosis  
International Society for the Study of Trauma and Dissociation  
National Board of Certified Clinical Hypnotherapists

PUBLICATIONS: “Some developmental Antecedents of Psychopathology”, Journal of Personality, Vol. 39, No. 3, 1971

AWARDS: Fellow, International Society for the Study of Trauma and Dissociation, 1997

VOLUNTEER ACTIVITIES:

Board of Directors, Greenwich Teen Center, Greenwich, CT.  
Board of Directors, Laurel House, Inc., Stamford, CT.  
Cub Scouts, Greenwich, CT.  
Boy Scouts, Greenwich, CT.

### PRESENTATIONS AND LECTURES:

The Psychological Impact of Open Heart Surgery, Department of Physical Therapy, Lenox Hill Hospital, New York, N.Y., October 1977.

The Legal and Psychological Issues Concerning Abused Women, WGCH Radio, Greenwich, CT, September 1978.

The Psychosocial Adjustment to Open Heart Surgery, Lenox Hill Hospital, New York, N.Y., October 1978.

The Psychiatric, Social and Legal Aspects of Wife Abuse, The First Presbyterian Church Of Greenwich and The Connecticut Prison Association, Greenwich, CT, October 1978.

Biopsychosocial Aspects of Heart Disease, Greenwich Health Association, Greenwich, CT, 1985-1995.

Arthritis and Psychosocial Stress, Greenwich Health Association, Greenwich, CT., October, 1986.

Psychophysiological Aspects of Inflammatory Bowel Disease, Greenwich Chapter of the National Foundation of Ileitis and Colitis, Greenwich, CT., January 1988.

“Myths Surrounding Homosexuality”, The Congregations of Christ Church, Greenwich, CT., And St. Paul’s Episcopal Church, Riverside, CT., Spring 1991.

“Suicide – Early Warning Signals”, The Greenwich Adult Continuing Education Program, Greenwich, CT., November 1991.

The Psychological Aspects of Economic Recession, Greenwich Hospital, Greenwich, CT., Spring 1991.

“Is There a Male Menopause”? Greenwich Hospital Town Meeting, Greenwich, CT., Fall 1998.

### WORKSHOPS AND COURSES:

Workshop Director, “Diagnosis of Dissociative Disorders in Eating Disorder Patients”, The Wilkins Center for Eating Disorders, Greenwich, CT., October 1991.

Workshop Director, “Dissociative Disorders: Diagnosis and Treatment”, Department of Psychiatry, Greenwich Hospital, Greenwich, CT., April 1992

Workshop Participant, “Dissociation and Substance Abuse” for a conference on “Adult Survivor Issues: The Aftermath of Traumatic Childhood”. Greenwich Hospital Departments of Training and Development and the Addictions Recovery Center, Greenwich, CT., March 1993  
Sponsored by the Greenwich Hospital Departments of Training and Development and the Addictions Recovery Center, Greenwich, CT., March 1993.

Workshop Director, “Dissociation and Substance Abuse”, Courtland Medical (Outpatient Rehabilitation for Individuals and Families), Hawthorne, NY, July 1993 and to the Meridian Center, Stamford, CT., April 1994.

Workshop Director, “Diagnosis and Treatment of the Trauma Survivor”, Northeast Center for Trauma Recovery and the Greenwich Hospital Association, Greenwich, CT., 1994.

Course Director, “Hypnotherapy of the Trauma Survivor”, Northeast Center for Trauma Recovery and Greenwich Hospital Association, Greenwich, CT., 1994 and 1995.

Course Director, “Dissociative Disorders: Diagnosis and Treatment”, Greenwich Hospital Psychiatric Treatment Center, Greenwich, CT., 1995 and 1996.

Workshop Director with Kimberly Fraioli, A.T.R., B.C., “Principles of Art Therapy in Psychiatric Practice”, Annual Meeting of the American Psychiatric Association, Miami, FL., 1995 and New York, N.Y., 1996.

Course Director with Marlene Steinberg, M.D., “Dissociative Disorder, NOS: Diagnosis and Treatment with Ego State Therapy”, Annual Meeting of the American Psychiatric Association, New York, N.Y., 1996; Annual Meeting of the American Psychiatric Association, San Diego, California, 1997; Annual Meeting of the American Psychiatric Association, Toronto, Canada, 1998.

Workshop Director with Jean Cross, M.S.W., L. Sharon Shisler, R.N., Joanna Gould Whitcup, Ed.D. “The Workplace at Risk: Crisis Prevention and Management”, Annual Meeting of the American Psychiatric Association, New York, N.Y., 1996.

Workshop Director with Joanna Gould Whitcup, Ed.D., “The Dual Diagnosis of Sexual Dysfunction and PTSD: A Clinical Workshop”, Annual Meeting of the American Psychiatric Association, New York, N.Y., 1996.

Co-director of Greenwich Town Meeting to promote the understanding of men’s health issues, Greenwich Hospital, Greenwich, CT., 1999.

Grand Rounds, “Hypnosis”: It’s Use As An Adjunct to Clinical Treatment”, The New York Presbyterian Hospital, White Plains, N.Y., October 3, 2000.

Grand Rounds, “The Medical Uses of Hypnosis”, Greenwich Hospital, Greenwich, CT., 2001.

Co-director with Devra Braun, M.D. and the staff of the Northeast Center for Trauma Recovery, “Coming Together to Cope: The Unfolding Trauma of 9/11”, Greenwich Hospital Town Meeting, Greenwich, CT, September 14, 2011.

Co-director with Devra Braun, M.D., “September 11<sup>th</sup> and the Unfolding Trauma”, presented to the employees of the Town of Greenwich, Greenwich Town Hall, October 30, 2011.

Co-presenter with Devra Braun, M.D., “Post-Traumatic Stress Disorder: A Case Presentation”, The Psychiatric Residency and Child Fellow Program, New York Presbyterian Hospital, White Plains, N.Y., January 15, 2002.

Course Director, “Diagnosis and Treatment of the Dissociative Disorders in Adults and Children”, The Wright Institute, Berkeley, California, October, 2011.

Inservice presentations on “Traumatic Stress Disorders in Children” to guidance counselors, faculty and administration of Greenwich Academy, Greenwich, CT since 1993, Phoenix Academy, Easton, CT, Easton Country Day School, Easton, CT and Pear Tree Point School, Darien, CT since 2005.

Course Director, Pre-Conference Institute, “How Evidence Based Diagnosis of Dissociative Disorders Using the SCID-D Informs Clinical Treatment: Video Case Presentations of Ego State Therapy for Complex Dissociative Disorders”, International Society for the Study of Trauma and Dissociation, 30<sup>th</sup> Annual Conference, Baltimore, Maryland, November 14, 2013.

Course Director, “Somatoform Dissociation: Integrating Dissociated Parts of the Personality Left Out In the Cold”, International Society for the Study of Trauma and Dissociation, 31<sup>st</sup> Annual Conference, Long Beach, California, October, 2014.

Course Director, “How Evidenced Based Diagnosis of the Dissociative Disorders Using the SCID-D Informs Clinical Treatment”, The Cannan Institute and Belmont Hospital, Brisbane, Australia, February 28, 2015.

Course Director, “Somatoform Dissociation” , The Cannan Institute Dinner Speaker Series, Brisbane, Australia, March 2, 2015.

Course Director, “Somatoform Dissociation: The Gateway to Frozen States and Territories”, International Society for the Study of Trauma and Dissociation, 34<sup>th</sup> Annual Conference, Washington, D.C., March, 2017.

Course Director, “Somatoform Dissociation: The Gateway to Frozen Subsystems of Childhood Trauma,” Biosocial Research Center of the Education and Social Research Institute, Manchester Metropolitan University, Manchester, England, January 2018.

